



Advocacy North East

**INDEPENDENT
ADVOCACY**
here to give you a voice.



advocacyne.org.uk

➤➤ What is Independent Advocacy?

“Independent Advocacy is a way to help people have a stronger voice and to have as much control as possible over their own lives.

Independent Advocacy organisations are separate from organisations that provide other types of services.

An independent advocate will not make decisions on behalf of the person/group they are supporting. The independent advocate helps the person/group to get the information they need to make real choices about their circumstances and supports the person/group to put their choices across to others.

An independent advocate may speak on behalf of people who are unable to do so for themselves.”

Scottish Independent Advocacy Alliance – siaa.org.uk

Advocacy North East is a full member of the Scottish Independent Advocacy Alliance and is committed to working in accordance with the SIAA Principles, Standards and Code of Best Practice for Independent Advocacy organisations.



Who is it for?

Advocacy North East works with people aged sixteen years and over who are experiencing mental illness or disorder. This includes amongst others, people with learning disabilities, dementia, and acquired brain injury, to support them in their dealings with health and social care matters.

Advocacy North East also provides an independent advocacy service for Carers.

We deliver independent advocacy to people in Aberdeenshire, to Aberdeenshire residents who are receiving services in the Royal Cornhill Hospital in Aberdeen and also those detained in Her Majesty's Prison and youth offender institution Grampian.

We also support people who may be involved in Adult Support and Protection processes.



We put the individual first and are committed to work with integrity, confidentiality and respect, to enable individuals to have a voice and an equal opportunity to make informed choices.



Sometimes people don't explain the things they have said or decisions they have made, and that can make us feel confused.

Sometimes it can be difficult to tell people about the things you want, or to disagree with what someone has said.

Your advocate will listen to what you say and help you find information about the choices you have.

Your advocate may go to meetings with you, help you write letters or make phonecalls. Your advocate will work with you to ensure that your views are heard and understood.





Your advocate will only say the things that you want people to know, unless you say something that would put you or others at risk of harm.

Your advocate will not give you their opinion or advice.

Sometimes your advocate might write down some of the things you say.



You will always be able to look at what is written about you. Your advocate will make sure that everything they write is kept safe.



Your advocate is here to give you a voice.



Your advocate will always do their best to ensure that decisions are explained to you in a way that you can understand.

Although your advocate will try and help you it might not be possible to change things.



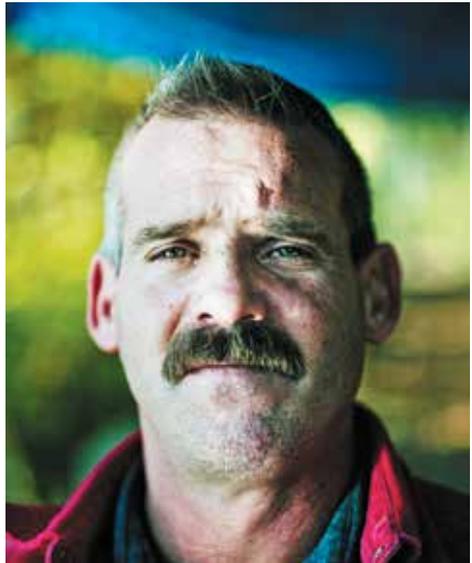
**Our service is free,
confidential & independent**



Making a referral

You can refer yourself, or you can ask someone you know to do this for you.

You can contact Advocacy North East by phone, email or letter.





Please let us know if you need a copy of this leaflet in another language or format.



Post
Unit 2
Dalfling Business Centre
Blairdaff, Inverurie,
Aberdeenshire, AB51 5LA

Phone
01467 651 604

Email
admin@advocacyne.org.uk

Our services are available
Monday - Friday.
Any unanswered calls will be
picked up by an answering
machine.

 advocacyne.org.uk

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